

Dear Parent or Carer,

Great news! Your child has been offered the opportunity to take part in Bikeability cycle training. Due to the expected high level of interest, and the limited places available the Bikeability team will manage places on a first come, first served basis. Communication will be sent out prior to the date to confirm where places have been allocated.



The date for this **Level 1** course is **Friday 20th March**

We need your consent for your child to participate in Bikeability cycle training. Please complete the online form here: <https://consent.bikeability.org.uk/chart-unity-disk> or scan the below QR code.

What is Bikeability?

Bikeability is the government's national cycle training programme that teaches children practical cycle skills and how to cycle safely and confidently on roads.

Cycle training is taught by friendly, qualified Bikeability instructors. Courses include Level 1, where children learn the fundamentals of cycling in a traffic-free environment, Level 2, where they learn cycling techniques and road safety on quiet roads, and Level 3, that focusses on more advanced cycling skills.

Level 1 Bikeability takes place in a traffic free environment, usually the school playground. By completing Level 1, your child will be able to demonstrate the skills and understanding to be able to make a trip and undertake activities safely in a motor traffic free environment. **To participate in Level 1 training, your child must be able to ride their bike (without stabilisers) with basic control and balance whilst pedalling.** They should be capable of changing direction and stopping. It is important to stress that this training is not suitable for children who cannot yet ride a bike.

Find out more: <https://www.bikeability.org.uk/>

If you have any questions, please contact the school directly or alternatively you can contact **Worcestershire Bikeability** on bikeability@worcestershire@gov.uk

Kind regards,

Miss Simmonds

PE Lead

Important information for parents/carers:

- Your child needs to bring a suitable and safe bicycle to training. Please check it is fully working and roadworthy before training commences. Bikes that are considered unroadworthy or unsuitable will not be allowed to be used. You must be prepared to organise and pay for any repairs to make your child's bike roadworthy.
- Instructors may make adjustments to cycles, such as seat/handlebar height or brake lever position to assist children's riding position.
- Please make sure that your child has the appropriate clothing to suit cycling and changing weather conditions and the time of year.
- We insist your child brings a helmet which must be the correct size and fit. This should bear a recognised test standard such as the BSI Kite Mark, ANSI or American Snell B. 95, European CE Mark. The instructors may refuse to train a child if they deem the helmet unsuitable. (The child should be able to fit their own helmet.)
- Your child must attend the whole training session to achieve the Bikeability award.
- Trainees will be under supervision at all times. Any misbehaviour will not be tolerated.
- If your child is considered to be unsafe, they may not be allowed to continue training.
- Whilst every care will be taken to ensure your child's safety, your attention is drawn to the insurance cover provided by Worcestershire County Council which is for public liability only and does not provide Personal Accident Insurance for anyone undertaking this course, nor does it accept responsibility for the actions or personal behaviour of participants. Worcestershire County Council is not responsible for any injury to persons or loss or damage to property which does not result from the negligence of an instructor.
- Your information is important to us. We will ensure that the information we hold about you and your child to administer Bikeability is kept secure and only for as long as necessary. We will not share your data with any third parties unless we are required or able to do so in law. Please see the Council's Full Privacy Notice ([Worcestershire County Council Privacy Notice](#)) for more information about how we process your information and your rights.