

11th February 2020

Dear Parents and Carers,

All children in year 3, 4 and 5 take part in swimming lessons at Perdiswell Swimming Pool. Children are taught in two smaller groups, each group attending five sessions, but with double the time in the pool. This is the same amount of pool time as previous years when children have attended ten short sessions but with half the group size allowing more progress to be made.

This is following specialist advice suggesting children make better progress by having longer sessions in the pool each time as it allows them to remember previous skills and build further on them. Your child will therefore be attending five longer sessions and have additional physical education lessons in the academy.

Your child will be attending their lessons on the following Tuesdays:

25th February/ 3rd March/ 10th March / 17th March / 24th March

Please note the following:

- Your child will need a swimming costume and towel.
- Please ensure that all jewellery has been removed before school as no jewellery is allowed in the pool.
- Children with long hair must have it securely tied back but not platted as this can cause difficult knotting if it comes loose.
- If your child is asthmatic, they must have the correct inhaler clearly labelled with their name in the academy.

Goggles

Goggles may only be worn when chemicals in the water have previously been harmful to eyes and must be accompanied by a parental letter explaining this need. Due to strict guidelines, goggles must be made of unbreakable plastic or rubber materials. Parents have to take responsibility for teaching children to remove them at home by slipping them off the head and not by stretching the retaining band, as wet plastic is slippery and may cause severe eye injury. This is due to strict guidelines from the Association For Physical Education (afPE). I am sure that you will appreciate that all the above rules are related to Health and Safety regulations.

Yours faithfully



Mr L Kitchen
PE and Sport Leader

Year 3 Swimming Lessons Group 2 commencing 25th February 2020 - Permission Slip

Name of child:..... Class:.....

Signed:.....Parent/Guardian

Emergency contact information

Medical Information

My child will need to wear goggles (please attach letter to this slip explaining why) and I take responsibility for meeting the Association For Physical Education (afPE) guidelines above.