

# Relationships and sex education policy (from 2020)

Oasis Academy Warndon

Approved by:	Suzanne Owen	Date: [Date]
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#### 1. Aims

The aims of relationships and sex education (RSE) at our school are to:

- > Provide a framework in which sensitive discussions can take place
- > Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- > Help pupils develop feelings of self-respect, confidence and empathy
- > Create a positive culture around issues of sexuality and relationships
- > Teach pupils the correct vocabulary to describe themselves and their bodies
- > Foster respect, tolerance and love for others, regardless of race, gender, religion or difference, within a framework of equality of opportunity and fairness

At OAW we aim to develop an understanding and tolerance of each other through knowledge, mutual respect, believing the best and forgiveness. Individual rights will be respected and choice will be exercised within a culture of self-discipline, this is taught via the **9 habits** throughout the curriculum.



#### 2. Statutory requirements

Maintained primary schools:

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the Children and Social work act 2017.

However, we are not required to provide sex education but we do need to teach the elements of sex education contained in the science curriculum.

In teaching RSE, we must have regard to <u>guidance</u> issued by the secretary of state as outlined in section 403 of the <u>Education Act 1996</u>.

At Oasis Academy Warndon we teach RSE as set out in this policy.

As a primary academy school we must provide relationships education to all pupils as per section 34 of the Children and Social work act 2017.

We do not have to follow the National Curriculum but we are expected to offer all pupils a curriculum that is similar to the National Curriculum including requirements to teach science which would include the elements of sex education contained in the science curriculum.

In teaching RSE, we are required by our funding agreements to have regard to <u>guidance</u> issued by the secretary of state as outlined in section 403 of the <u>Education Act 1996</u>.

At Oasis Academy Warndon we teach RSE as set out in this policy.

# 3. Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – a working group pulled together all relevant information including relevant national and local guidance

- 2. Staff consultation all school staff were given the opportunity to look at the policy and make recommendations
- 3. Parent/stakeholder consultation parents and any interested parties were invited to attend a meeting about the policy
- 4. Pupil consultation we investigated what exactly pupils want from their RSE
- 5. Ratification once amendments were made, the policy was shared with the Regional Director and ratified

#### 4. Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

RSE is **not** about the promotion of sexual activity.

#### 5. Curriculum

Our curriculum is set out as per Appendix 1 but we may need to adapt it as and when necessary.

We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers online.

The curriculum is deliberate in weaving together key skills and knowledge along with character development and social-emotional learning. It prepares children for a future of their choice; promotes opportunity and diversity and meets the needs of the community it serves.

# 6. Delivery of RSE

RSE is taught within the personal, social, health and economic (PSHE) education curriculum.

OCL have developed a bespoke curriculum which has been developed to ensure the needs of all children at the academy are addressed appropriately.

**Relationships education** focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- > Families and people who care for me
- > Caring friendships
- > Respectful relationships
- > Online relationships
- > Being safe

These areas of learning are taught progressively within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent

families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Pupils also receive stand-alone sex education sessions delivered by class teachers in year 5 and 6. This includes "What is Puberty" in Year 5 and "How is a baby made?" in Year 6.

# **Education Exceptional Education at the Heart of the Community**



# 7. Roles and responsibilities

#### 7.1 The governing board

The Regional Director will approve the RSE policy, and hold the Principal to account for its implementation.

#### 7.2 The Principal

The principal is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from [non-statutory/non-science] components of RSE (see section 8).

#### 7.3 Staff

Staff are responsible for:

- > Delivering RSE in a sensitive way
- > Modelling positive attitudes to RSE
- Monitoring progress
- > Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the [non-statutory/non-science] components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the principal.

#### All class teachers are responsible for teaching RSE curriculum at OAW.

#### 7.4 Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

#### 8. Parents' right to withdraw

Parents do not have the right to withdraw their children from relationships education.

Parents have the right to request to withdraw their children from sex education. A meeting will be organised to discuss the RSE curriculum and to discuss any potential options before requests are granted. Parents are invited to a consultation process prior to the delivery of RSE in school to support parents understanding of the subject matter. Lesson content and any vocabulary that will be used to explain will be shared in this consultation.

## 9. Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

All staff have received Stonewall training to ensure an accepting culture is maintained and understood and open, honest relationships are held between all.

The principal will also invite visitors from outside the school, such as school nurse, to provide support and training to staff teaching RSE.

# 10. Monitoring arrangements

The delivery of RSE is monitored by Suzanne Owen and the PSHE leads through:

Planning scrutinises, learning walks, lesson observations and book scrutinises

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.			
This policy will be reviewed by Suzanne Owen, Principal annually. At every review, the policy will be approved by Regional director – Juliet Silverton.			

# Appendix 1: RSE Overview

Year Group	Lesson	Learning Objective
Year One	Lesson 1: Who are the people in my life that love and care for me?  2020 Statutory Guidance – Families and people who care for me:  - that families are important for children growing up because they can give love, security and stability.  - the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.  - that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.  - how to recognise if family relationships are making them feel unhappy or unsafe, andhow to seek help or advice from others if needed.	Learning objective:  To learn about the people in my life that care for meand love me.  Learning outcomes:  I can  ✓ Identify the important relationships in my lifeand those that provide love  ✓ Describe a family and understand that allfamilies are special and different  ✓ Recognise the different ways our that peoplecare for us and how we can care for them in return
Lesson 3: What	Lesson 2: What are the differences and similarities between people?	Learning objective:  To learn about the similarities and differencesbetween themselves and other people.  Learning outcomes:  I can  ✓ Identify similarities and differences in people  ✓ Recognise that we are all equal and that it isacceptable to be different  ✓ Respect and value difference
	Lesson 3: What are the similarities between girls and boys?  In this lesson children will acquire the vocabulary to name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles)	Learning objective:  To learn about the similarities between boys and girls.  Learning outcomes:  I can  ✓ Describe similarities and differences between ourselves and others  ✓ Name the main parts of the body

		✓ Name body parts including male and femalegenitalia
Year 2	Lesson 1: What is private? (body parts)  2020 Statutory Guidance – BeingSafe:  - what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).  - about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secretsif they relate to being safe.  - that each person's body belongsto them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.  - how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know. how to report concerns or abuse, and the vocabulary and confidenceneeded to do so.  Lesson 2: What happens when the body grows young to old?	Learning objective:  To learn about what parts of our bodies are private.  Learning outcomes:  I can  ✓ Recognise I have the right to protectmy body from inappropriate or unwanted contact  ✓ Label the parts of the body that are private  ✓ Explain who they would speak to if their privacy was not respected  Learning objective:  To learn about the body and the human life
		cycle.  Learning outcomes:  I can  ✓ Recognise how all living things including humans start life as babies  ✓ Identify key stages in the human lifecycle (baby, child, adult)  ✓ Explore how I have changed since Iwas a baby
	Lesson 3: What is fair, unfair, kind and unkind?  2020 Statutory Guidance – Caringfriendships:  - the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.  that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting toviolence is never right.	Learning objective:  To learn about what we mean when use words such as fair, unfair, kind and unkind.  Learning outcomes:  I can  ✓ Recognise when something is unfairor unkind.

# behaviour, including recognising and responding to someone feeling lonely.

- Describe how to respond if someone was being unkind and who to tell about this
- ✓ Give examples of kindness andunkind behaviours

#### Year 3

#### **Lesson 1:** What is personal space?

#### 2020 Statutory Guidance - Being Safe:

- what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context). - about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe. - that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. - how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know. - how to report concerns or abuse, and the vocabulary and confidence needed to do so.

#### **Lesson 2:** What does a healthy relationship look like?

#### 2020 Statutory Guidance - Families and people who care for me:

- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up. - how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed. Caring friendships: - how important friendships are in making us feel happy and secure, and how people choose and make friends. - the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties. - that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. - that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.

#### **Learning objective:**

To learn about what is meant by personal space.

#### **Learning outcomes:**

I can...

- ✓ List reasons why touch is important
- Describe what kind of physical contact is acceptable or unacceptable.
- Describe how to respond to unwanted contact.
- Define what is personal space andpersonal boundaries.

#### **Learning objective:**

To learn about what a healthy relationship looks like and what skills are required to maintain a relationship.

#### **Learning outcomes:**

I can...

- ✓ Recognise different types of healthy relationships
- Describe what makes a relationship unhealthy
- Understand how to develop positive relationships, including recognising and responding so someone feeling lonely.

	Lesson 3: Why is being equal important in relationships?  2020 Statutory Guidance – Caring friendships:  - the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.	✓ Identify who to talk to if worried and required support  Learning objective:  To learn about the importance of equality.  Learning outcomes:  I can  ✓ Listen to others and respond or challenge other views appropriately  ✓ Define the meaning of respect in relationships and the importance of working with others collaboratively  ✓ Understand the importance of respecting other people's feelings
Year 4	Lesson 1: What is diversity?  2020 Statutory Guidance – Families and people who care for me:  - that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.  Respectful relationships:  - the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.	Learning objective:  To learn about the importance of diversity andcelebrating difference.  Learning outcomes:  I can  ✓ Identify similarities and differences betweenpeople.  ✓ Recognise diversity within our communities  ✓ Describe different groups to which we arepart of in our communities.  ✓ Demonstrate respect for difference andcommunicate this to others
	Lesson 2: Do boys and girls have different roles?	Learning objective:  To learn about the roles played by boys and girls.  Learning outcomes:  I can  ✓ Identify simple gender stereotypes  ✓ Define the meaning of the words

	Lesson 3: What changes happen to my body?  2020 Statutory Guidance - Changing adolescent body:  - about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes about menstrual wellbeing including the key facts about the menstrual cycle.	'stereotype' and 'discrimination'  ✓ To reflect on what we feel about differenceand that different things contribute to our identity ✓ Challenge stereotypical thinking  Learning objective: To learn about the changes that happen to my bodywhen I become an adult and how to maintain my personal hygiene.  Learning outcomes: I can ✓ Label the main parts of the body and how it differs for boys, girls, men and women. ✓ describe key body changes when
Year 5	Lesson 1: What are the different relationships in my life?  2020 Statutory Guidance— Families and peoplewho care for me:  - that stable, caring relationships, which may be of different types, are at the heartof happy families, and are important for children's security as they grow up.  - how to recognise if family relationships are making themfeel unhappy or unsafe, and how to seek help or advice from others if needed.	men andwomen become adults  ✓ Explain key steps required to maintainpersonal hygiene into adulthood.  Learning objective: To learn about the different relationships in my life.  Learning outcomes: I can ✓ Identify different relationships in my life, includingdifferent types of family.
		<ul> <li>✓ Recognise the difference between good and badsecrets</li> <li>✓ Describe what a healthy relationship looks like.</li> <li>✓ Understand the feelings of others and how to respond to this, such as being lonely/ excluded</li> </ul>

#### Lesson 2: What is puberty?

#### 2020 Statutory Guidance - Changing adolescent body:

- key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes. - about menstrual wellbeing including the key facts about the menstrual cycle.

This lesson includes information about the physical and emotional changes that happen when approaching and during puberty -(including menstruation, key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams).

#### **Lesson 3:** What is unwanted touch?

#### 2020 Statutory Guidance - Being Safe:

- what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context). about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe. that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so

# ✓ Identify who I would approach for help

#### Learning objective:

To learn about puberty and what it means for me.

#### **Learning outcomes:**

I can...

- ✓ Label the main parts of the body, includinggenitalia.
- Describe how children change into adults so that they are able to reproduce and puberty is part of this process.
- Define puberty and list physical and emotionalchanges that happen to boys and girls during puberty.
- ✓ Describe how periods affect girls both physically and emotionally
- Explain the steps required to look after my body during puberty and how to manage my personal hygiene.

#### **Learning Objectives:**

To learn about unwanted touch and where to find support ifl need it.

#### **Learning Outcomes:**

I can...

- Recognise that my body belongs to me and recallhow to protect my body.
- Describe inappropriate and appropriate touch
- Explain the right to privacy and where on my bodyis private

	Additional Lesson: Understanding FGM (Recommended to be delivered in conjunctionwith Lesson 3)  2020 Statutory Guidance –Being Safe: -what sorts of boundaries are appropriate in friendships with peers and others (including in adigital context)about the concept of privacy and the implications of it for both children and adults; including that it is not alwaysright to keep secrets if they relate to being safe that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they donot know how to report concerns or abuse, and the vocabulary and confidence needed to do so.	Learning objective:  To learn about FGM and where to find support if needed.  Learning outcomes:  I can  ✓ Recognise that my body belongs to me and recallhow to protect my body.  ✓ Describe inappropriate and appropriate touch  ✓ Explain the right to privacy and where on my bodyis private  ✓ Recall simple facts about FGM and understand thatis never acceptable.
Year 6	Lesson 1: What changes happen in my life?	Learning objective:  To learn about how responsibilities, rights and duties are part of our lives now and how they will change inthe future  Learning outcomes:  I can  ✓ Identify how as we grow and change, wehave increased independence and responsibilities  ✓ Describe how to keep safe with increasedindependence  ✓ Explain why I have more responsibilities as Igrow older  Identify reasons why transition may be challenging
	<u>Lesson 2:</u> What happens in a loving relationship (inc. marriage) and what is forced marriage?	Learning objective:  To learn about how a loving relationship might resultin marriage and what is meant by 'forced marriage'.

	Learning outcomes:  I can  ✓ Identify the positive qualities and expectations for different relationships  ✓ Describe different types of relationship,including marriage Explain the similarities and differences between friendships and intimate relationships ✓ Define forced marriage
Lesson 3: How is a baby made?	Learning objective:  To learn about reproduction.  Learning outcomes:  I can  ✓ Define the term reproduction  ✓ Label the male and female body parts associated with conception and pregnancy  ✓ Identify what sexual intercourse is and explain that this may be one part of an intimate relationship between consentingadults  ✓ Explain that a baby is made when a sperm (male) meets an egg /ovum (female) and then the fertilised egg settles into the liningof the womb (female)  ✓ Describe what pregnancy is, where it occurs and how long it takes in a human

### **Definitions for Relationships and Sex Education**

Curriculum	Notes on statutory content and placing this learning in the curriculum	Main subject location(s)	Phase to introduce
Naming main external body parts (including correct terms for genitali	Naming main external body parts is in Year 1 National Curriculum Science. The science programme of study does not list parts of the body to teach and does not prohibit teaching any parts.	Science	Primary
	The structure and function of the male and reproductive organs are covered in more detail (internal and external) in National Curriculum Science Key Stage 3.	Science	
	Naming genitalia will also be part of learning about changing adolescent body under Health Education.	Health Education	
Learning about privacy of genitalia.	This is safeguarding and also compatible with the interpretation of Relationships education.	Relationships Education	Primary
Sexual reproduction in	This can be covered in science, building on a	Science	Primary
humans - Sperm and egg needed to make a baby - Conception, including	sequence of learning in science about reproduction. However, National Curriculum Science treats human reproduction as optional content when covering sexual reproduction in animals.	And / or	
- Sexual intercourse - Birth	When learning about human sexual reproduction in science pupils might also be given context – see below.	Sex education	
Context of human sexual reproduction and sexual	This context can be covered to some extent whether human reproduction is taught in science or as part of	Science	Primary
intercourse - Reproduction is adult;	sex education.	And / or	
requires physical and emotional maturity, - Legal age of consent to sex	Relationships Education includes that pupils should know: 'that families are important for children growing up because they can give love, security and stability'.	Sex education	

Sex Education Forum -National